

Dear Parents/Guardians:

As the weather changes and children become ill, I would like to enlist your cooperation in keeping us all as healthy as possible. Please remind your child to wash his/her hands often – especially after using the bathroom, sneezing, coughing, or blowing noses. Research has shown that hand washing is one of the best preventive measures that we can all take to stay healthy and to decrease the spread of germs.

To Send or Not to Send??

Parents are often concerned about their children missing school and may send a child back to school prematurely after an illness. This exposes other children to disease and can cause their own child to relapse or contract another illness that may “be going around,” due to their already stressed immune system. Please refer to the following guidelines when considering whether to keep a child at home and when to return a child to school.